

♥■ Tiny Scholars Academy

February Curriculum Guide

Theme: Hearts, Friends & Black History Month

Month:	February
Theme:	Hearts, Friends & Black History Month
Age Groups:	Infants (6 wks–12 mo) • Toddlers (12–36 mo) • Preschool (3–5 yrs)
Standards:	Rhode Island Early Learning & Development Standards (RIELDS)

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MONTHLY OVERVIEW & LEARNING GOALS — FEBRUARY

Big Idea: February is a month of love, friendship, and celebrating the contributions of Black Americans throughout history and today. Children explore the science of the heart, build empathy, and honor trailblazers through stories, art, and inquiry.

Monthly Theme Weeks

Week 1 The Science of Love & Friendship

Week 2 Black History Month: Trailblazers

Week 3 Valentines, Kindness & Community

Week 4 The Heart: Health & Science

Guiding Questions

- What makes a good friend? How do we show people we care?
- Who are some Black American heroes and what did they do?
- How does kindness spread? What happens when we include everyone?
- How does our heart work? Why do we need to keep it healthy?
- What is love? How do different families show love?

■ Infant Room — Monthly Goals

- Deepen attachment bonds through loving, responsive caregiving
- Experience affection through appropriate touch, rocking, and singing
- Develop auditory awareness through heartbeat and music exploration
- Strengthen motor skills through Valentine-themed sensory play
- Build language through love songs and responsive dialogue

■ Toddler Room — Monthly Goals

- Learn friendship and love vocabulary: kind, care, heart, hug, share
- Practice making valentines using fine motor skills
- Explore Black history heroes through picture books
- Develop empathy: 'How does that make you feel?'
- Practice patterning and counting with heart shapes

■ Preschool Room — Monthly Goals

• RIELDS integration through friendship, history, and health
• Research and present on a Black history hero (D2,D3,D6)
• Learn heart anatomy and healthy heart habits (D5,D8)
• Write and deliver valentines using correct letter formation (D2,D3)
• Count heartbeats before and after exercise; compare data (D4,D5,D8)
• Build inclusive community through 'Everyone belongs' activities (D1)

INFANT CLASSROOM (6 wks–12 mo) — FEBRUARY 4-WEEK CURRICULUM

Curriculum Approach: All infant learning is embedded in responsive caregiving routines. Ratios, safe sleep, and RIDOH licensing standards are maintained at all times. Outdoor time occurs daily in the buggy or on a supervised blanket.

Week	Theme	Objectives	Activities	Materials	Assessment
Wk 1 Love & Friendship	Heartbeat Connection	Attachment; auditory stimulation; social bonding	Heartbeat sound recordings; gentle rocking with love songs; red/pink sensory ribbon exploration	Heartbeat recordings, ribbons, love song playlist	Document attachment depth; note auditory orienting
Wk 2 Heroes	Story & Wonder	Language bath; visual stimulation; social engagement	Board books featuring Black heroes (age-appropriate); high-contrast black/white face cards; responsive narration	Hero board books, contrast cards, cozy reading setup	Note attention to books; document responsive vocalizations
Wk 3 Valentines	Pink & Red Sensory	Fine motor beginnings; color recognition; cause-effect	Red/pink sensory bin; heart-shaped texture stamping; 'I love you' touch song	Sensory bin, heart stamps, love song recording	Document color tracking; note stamping motor attempts
Wk 4 Healthy Heart	Body Awareness	Body awareness; gross motor; language	Feel your heartbeat after dancing; 'The Hokey Pokey'; body part naming through love song	Music for dancing, heartbeat exploration, body part song	Note body awareness responses; document movement engagement

TODDLER CLASSROOM (12–36 mo) — FEBRUARY 4-WEEK CURRICULUM

Curriculum Approach: Movement, language, and sensory learning drive the toddler experience. Centers rotate weekly with the theme. Predictable routines support autonomy and emotional regulation.

Week	Theme	Objectives	Activities	Materials	Assessment
Wk 1 Friendship Science	Best Friends	Social vocabulary; fine motor; art	Friendship recipe chart (kind + funny + caring = friend); partner drawing; heart collage	Chart paper, partner drawing supplies, collage materials	Document friendship vocabulary; note cooperative play
Wk 2 Black History	Trailblazer Heroes	History vocabulary; listening comprehension; art	Read 'Little Leaders: Bold Women in Black History'; hero portrait coloring; 'I can be a hero too' dictation	Hero books, portrait pages, crayons, dictation sheets	Note history vocabulary; document listening engagement
Wk 3 Valentines	Kindness Delivery	Fine motor; social language; literacy readiness	Valentine making station; address practice; class mail box; heart-shaped playdough cutting	Card supplies, mailbox, playdough, heart cutters	Document fine motor quality; note letter awareness
Wk 4 Healthy Heart	Move & Groove	Body vocabulary; gross motor; health	Heart rate before/after exercise (feel with hand); healthy food sorting; heart yoga	Music, healthy food models, yoga cards, stethoscope	Note body vocabulary; document gross motor engagement

PRESCHOOL CLASSROOM (3–5 yrs) — FEBRUARY RIELDS-ALIGNED CURRICULUM

Standards Note: All activities are mapped to the 9 Rhode Island ELDS domains. Domain codes (D1–D9) appear in each activity. See the RIELDS Domain Reference in the June Curriculum Guide.

Week 1 — The Science of Friendship ♥■

Focus Area	Activities & Standards
Literacy	Read: 'The Invisible String' / 'Wonder' Write: 'A good friend is someone who...' — publish as a class book (D2,D3)
Math	Heart survey: how many friends do you have? Tally and graph (D4)
Science	Friendship chemistry: vinegar + baking soda heart — 'what happens when you combine?' (D5,D9)
Art	Friendship portraits: draw your best friend from observation (D7)
SEL	The Friendship Puzzle: every child has a piece; we're only complete together (D1)

Week 2 — Black History Month: Trailblazers ■

Focus Area	Activities & Standards
Literacy	Read: 'Wilma Unlimited' / 'Radiant Child' / 'Henri's Scissors' Hero research: pick a hero, find 3 facts (D2,D3,D6)
Math	Timeline: order heroes chronologically; count years between events (D4,D6)
Science	Inventors spotlight: Mae Jemison (space), George Washington Carver (plants) — explore their discoveries (D5,D6)
Art	Hero portrait in the style of Kehinde Wiley: bold backgrounds + subject (D7)
Social Studies	Then and now: how have things changed because of trailblazers? (D6,D9)

Week 3 — Valentines, Kindness & Community ■

Focus Area	Activities & Standards
Literacy	Read: 'The Day It Rained Hearts' / 'Each Kindness' Write valentines using correct letter formation; address envelopes (D2,D3)
Math	Sort valentines by size, color, shape; count hearts 1–20 (D4)
Science	Color mixing hearts: red + white = pink; yellow + red = orange (D5)
Art	Wax resist watercolor valentines; lace doily printing (D7)
SEL	Valentine delivery day — acknowledge every child; 'Everyone matters' circle (D1)

Week 4 — The Heart: Health & Science ■

Focus Area	Activities & Standards
Literacy	Read: 'The Heart: Our Circulatory System' Label a heart diagram; write: 'To keep my heart healthy, I...' (D2,D3,D5)
Math	Count heartbeats for 10 seconds; multiply x6 for per minute; compare rest vs. active (D4,D5)
Science	Circulatory system introduction: heart pumps blood; model with squeeze ball (D5)
Art	X-ray art: draw skeleton/heart on black paper with white/red crayon (D7)
Health	Heart-healthy foods vs. not; make a fruit heart snack together (D8,D5)

TEACHER WEEKLY PLANNING — INFANT ROOM — FEBRUARY

Week: The Science of Love & Friendship

TEACHER WEEKLY PLANNING — INFANT ROOM | The Science of Love & Friendship

Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: Black History Month: Trailblazers

TEACHER WEEKLY PLANNING — INFANT ROOM | Black History Month: Trailblazers

Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: Valentines, Kindness & Community

TEACHER WEEKLY PLANNING — INFANT ROOM | Valentines, Kindness & Community

Monday	Tuesday	Wednesday	Thursday	Friday
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Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: The Heart: Health & Science

TEACHER WEEKLY PLANNING — INFANT ROOM The Heart: Health & Science				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

TEACHER WEEKLY PLANNING — TODDLER ROOM — FEBRUARY

Week: The Science of Love & Friendship

TEACHER WEEKLY PLANNING — TODDLER ROOM The Science of Love & Friendship				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: Black History Month: Trailblazers

TEACHER WEEKLY PLANNING — TODDLER ROOM | Black History Month: Trailblazers

Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: Valentines, Kindness & Community

TEACHER WEEKLY PLANNING — TODDLER ROOM | Valentines, Kindness & Community

Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: The Heart: Health & Science

TEACHER WEEKLY PLANNING — TODDLER ROOM | The Heart: Health & Science

Monday	Tuesday	Wednesday	Thursday	Friday
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Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

TEACHER WEEKLY PLANNING — PRESCHOOL ROOM — FEBRUARY

Week: The Science of Love & Friendship

TEACHER WEEKLY PLANNING — PRESCHOOL ROOM The Science of Love & Friendship				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: Black History Month: Trailblazers

TEACHER WEEKLY PLANNING — PRESCHOOL ROOM Black History Month: Trailblazers				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:

Reflections / Notes:	
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Week: Valentines, Kindness & Community

TEACHER WEEKLY PLANNING — PRESCHOOL ROOM Valentines, Kindness & Community				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Week: The Heart: Health & Science

TEACHER WEEKLY PLANNING — PRESCHOOL ROOM The Heart: Health & Science				
Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:	Circle Time: Activity: Outdoor: Notes:
Reflections / Notes:				

Welcome to February at Tiny Scholars Academy!

This month our theme is **Hearts, Friends & Black History Month**. February is a month of love, friendship, and celebrating the contributions of Black Americans throughout history and today. Children explore the science of the heart, build empathy, and honor trailblazers through stories, art, and inquiry. Read on to see what's happening in each classroom and how to keep the learning going at home!

Infant Room: Our youngest learners explore the month's theme through all their senses! Ask your teacher about your baby's weekly sensory experiences.

Toddler Room: Toddlers dive into hands-on science, dramatic play, and language-rich activities. Send your child in clothes ready for messy, magical learning!

Preschool Room: Preschoolers engage with all 9 RIELDS domains through projects, investigation, writing, and creative expression. Portfolio updates go home at month's end.

Important Dates

- Feb 3 — Black History Month Launch
- Feb 10 — Hero Research Presentations
- Feb 14 — Valentine's Day — Class Card Exchange
- Feb 17 — Presidents Day — Academy Closed
- Feb 24 — Healthy Heart Day — movement challenge!
- Feb 28 — February Portfolio Review

Learning at Home

- Read a book about a Black American hero together.
- Feel your heartbeat before and after jumping 20 times.
- Make homemade valentines for family members.
- Cook a heart-healthy meal together.
- Ask: 'Who is someone that inspires you and why?'

Valentine exchange: Feb 14. Please bring a card for every child in the class. List provided in your

This Month's Theme Weeks:

Week 1:	The Science of Love & Friendship
Week 2:	Black History Month: Trailblazers
Week 3:	Valentines, Kindness & Community
Week 4:	The Heart: Health & Science

With warmth and gratitude,

The Tiny Scholars Academy Team ■