

## November - Week 1 - Bright Beginnings ( Infant room)



Day	Sensory Activity	Language Activity	Motor Activity
Monday	Soft fabric squares for touch	Gentle "Hello, [Name]" song &	Tummy time reaching for a
Tuesday	Black-and-white high-contrast	Read a short board book,	Guided arm and leg bicycle
Wednesday	Gently jingling lightweight bell	Imitate cooing sounds; respond	Supported sitting and gentle side-
Thursday	Smooth spoon with warm water	Sing a simple rhyme (e.g.,	Grasp and shake a soft toy (fine
Friday	Peekaboo with colorful scarf	Name body parts as revealed	Rolling from back to front

## Week 2

Day	Sensory Activity	Language Activity	Motor Activity
Monday	Play with textured ribbon	Repeat simple words ("more,"	Supported standing with
Tuesday	Water play (finger dips in bowl)	Blow raspberries, cooing back and	Reach-and-grasp dangling toy
Wednesday	Soft singing with real-time mirror	Read a picture book and label	Encourage crawling posture
Thursday	Gentle tapping on wooden blocks	Use caregiver's name in	Transfer object hand to hand
Friday	Feather gently brushing on skin	Echo babbling syllables	Push up during tummy time

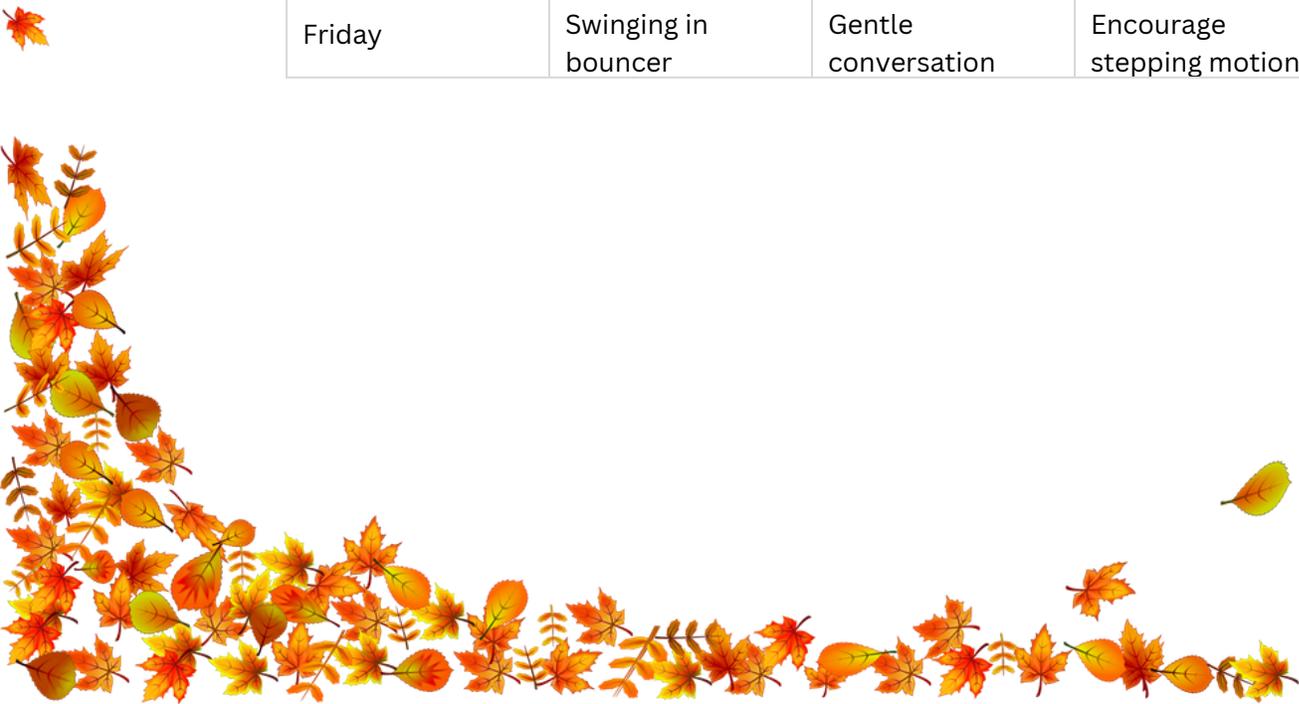


### Week 3

Day	Sensory Activity	Language Activity	Motor Activity
Monday	Soft water sprays (spritz bottle)	Sing “Pat-a-Cake” with clapping	Assisted cruising holding
Tuesday	Cool metal spoon (temperature)	Label emotions (happy, sleepy)	Pick up small soft blocks (fine
Wednesday	Scented cloth (mild scent)	Play “Where’s [toy]?” hide-and-	Rolling encouraged
Thursday	Music with beats (gentle)	Read a nursery rhyme, name	Sit unsupported briefly (with
Friday	Baby-safe mirror exploration	Narrate actions during diaper	Push and reach during supported

### Week 4

Day	Sensory Activity	Language Activity	Motor Activity
Monday	Soft crinkly book for sound	Encourage baby to turn head	Reach-and-grasp for a hoop toy
Tuesday	Cold and warm cloth alternation	Repeat favorite sound (“ba-ba,”	Assisted crawling forward
Wednesday	Splashing in shallow water	Sing “Itsy Bitsy Spider” with	Stand briefly holding furniture
Thursday	Smooth ball rolling hands-on	Tell a simple story (“This is	Pass toy between hands (fine
Friday	Swinging in bouncer	Gentle conversation	Encourage stepping motions



## November - Week 1 - Little Explorers/ Clever Creators( **Toddler Rooms**)



Day	Sensory Activity	Language Activity	Motor Activity
Mon	Finger painting with washable	Sing "Head, Shoulders, Knees	Walk up/down toddler-sized
Tue	Playdough squishing &	Read a board book, encourage	Kick a soft ball back and forth
Wed	Water play with cups (pour &	Use simple questions	Crawl through a tunnel
Thu	Sand play (scooping with	Name animals & imitate their	Jump with two feet together
Fri	Texture walk (barefoot on	Rhyming song with clapping	Push toy carts or strollers

## Week 2

Day	Sensory Activity	Language Activity	Motor Activity
Mon	Rice bin exploration with	Practice naming colors during play	Stack large blocks into towers
Tue	Bubble popping	Repeat simple phrases ("More	Balance walk along taped line
Wed	Soft clay molding	Point & label body parts on	Throw beanbags into basket
Thu	Ice cube exploration	Sing "Old MacDonald" with	Climb small play structure
Fri	Shaving cream play (tray	Read short repetitive book	Dance/movement game (freeze



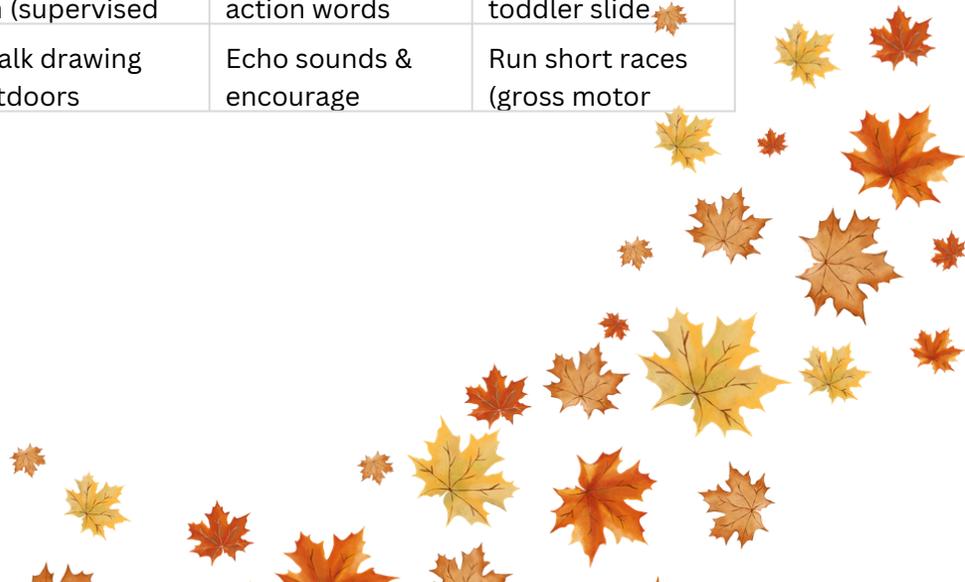


### Week 3

Day	Sensory Activity	Language Activity	Motor Activity
Mon	Fabric sensory bin (silk, cotton,	Label textures (“soft,” “rough”)	Practice jumping off low step
Tue	Nature walk (collect leaves,	Talk about what you see (“tree,	Push/pull wagon
Wed	Finger stamping with ink pads	Use toddler’s name in	Climb cushions or foam blocks
Thu	Musical shakers & instruments	Repeat and expand toddler’s	Kick/throw a large beach ball
Fri	Play with scented playdough	Sing nursery rhymes with hand	Crawl, hop, run in obstacle course

### Week 4

Day	Sensory Activity	Language Activity	Motor Activity
Mon	Oobleck (cornstarch &	Vocabulary game with picture	Jump in/out of hula hoop circles
Tue	Foam soap play	Practice 2-word phrases (“Big	Walk backward guided by
Wed	Exploring fruits (touch, smell,	Name fruits and colors	Roll a large ball with partner
Thu	Water beads in bin (supervised	Read & point to action words	Climb up & down toddler slide
Fri	Chalk drawing outdoors	Echo sounds & encourage	Run short races (gross motor



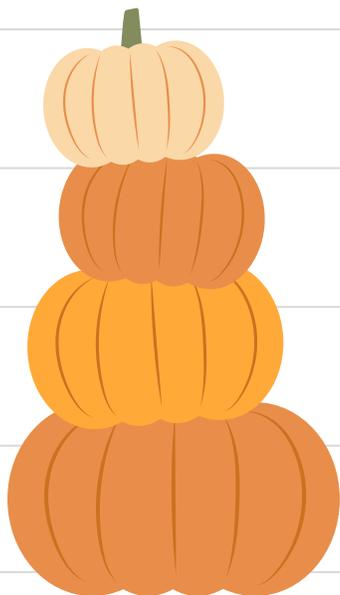


## November - Week 1 - Tiny Scholars ( Preschool Room)

Day	Focus Activities
Mon	<b>Motor:</b> Obstacle course (hopping, skipping, balance). <b>Language:</b> Storytime w/ open-ended Qs. <b>Math:</b> Counting blocks.
Tue	<b>Science:</b> Plant seeds in cups. <b>Social Studies:</b> Family photos, talk about who is in them. <b>Creative Arts:</b> Finger painting.
Wed	<b>Literacy:</b> Letter of the week hunt. <b>Cognitive:</b> Puzzle solving. <b>Social-Emotional:</b> “How do you feel?” circle with emotion cards.
Thu	<b>Math:</b> Sort by shapes/colors. <b>Language:</b> Rhyming game. <b>Motor:</b> Ball toss.
Fri	<b>Science:</b> Sink/float experiment. <b>Creative Arts:</b> Dance party w/ scarves <b>Social Studies:</b> Community helpers role-play.

## Week 2

Day	Focus Activities
Mon	<b>Motor:</b> Yoga for kids. <b>Language:</b> Practice storytelling with puppets. <b>Math:</b> Pattern blocks.
Tue	<b>Science:</b> Ice melting experiment. <b>Social Studies:</b> Explore a world map. <b>Creative Arts:</b> Collage w/ magazines.
Wed	<b>Literacy:</b> Read & retell familiar story. <b>Cognitive:</b> Memory card game. <b>Social-Emotional:</b> Share & take turns with toys.
Thu	<b>Math:</b> Number hopscotch. <b>Language:</b> Alliteration silly sentences. <b>Motor:</b> Outdoor playground climbing.
Fri	<b>Science:</b> Explore magnifying glasses. <b>Creative Arts:</b> Rhythm instruments jam. <b>Social Studies:</b> Talk about neighborhoods.



### Week 3

Day	Focus Activities
Mon	<b>Motor:</b> Parachute play. <b>Language:</b> Describe objects in a mystery bag. <b>Math:</b> Measuring with non-standard units (blocks, hands).
Tue	<b>Science:</b> Weather observation walk. <b>Social Studies:</b> Discuss classroom rules. <b>Creative Arts:</b> Watercolor painting.
Wed	<b>Literacy:</b> Sight word matching. <b>Cognitive:</b> Sorting big vs small. <b>Social-Emotional:</b> Cooperative block building.
Thu	<b>Math:</b> Count and graph favorite snacks. <b>Language:</b> Act out a story. <b>Motor:</b> Scooter board races.
Fri	<b>Science:</b> Explore shadows with flashlights. <b>Creative Arts:</b> Dramatic play dress-up. <b>Social Studies:</b> Explore different cultures

### Week 4

Day	Focus Activities
Mon	<b>Motor:</b> Animal movement relay (crawl like a bear, hop like a frog). <b>Language:</b> Play “What’s Missing?” vocabulary game. <b>Math:</b> Match numerals to quantities.
Tue	<b>Science:</b> Mixing colors with water & food dye. <b>Social Studies:</b> Talk about helping at home. <b>Creative Arts:</b> Clay sculpting.
Wed	<b>Literacy:</b> Shared reading & group storytelling. <b>Cognitive:</b> Simple board games (Candyland, Chutes & Ladders). <b>Social-Emotional:</b> Compliment circle.
Thu	<b>Math:</b> Building with 3D shapes. <b>Language:</b> Sound sorting (beginning letter sounds). <b>Motor:</b> Jump rope practice.
Fri	<b>Science:</b> Explore animal habitats. <b>Creative Arts:</b> Group mural painting. <b>Social Studies:</b> “My community” drawing activity.

